A **substring** is a contiguous (non-empty) sequence of characters within a string.

A **vowel substring** is a substring that **only** consists of vowels ('a', 'e', 'i', 'o', and 'u') and has **all five** vowels present in it.

Given a string word, return *the number of* ***vowel substrings*** *in* word.

**Example 1:**

Input: word = "aeiouu"  
Output: 2  
Explanation: The vowel substrings of word are as follows (underlined):  
- "aeiouu"  
- "aeiouu"

**Example 2:**

Input: word = "unicornarihan"  
Output: 0  
Explanation: Not all 5 vowels are present, so there are no vowel substrings.

**Example 3:**

Input: word = "cuaieuouac"  
Output: 7  
Explanation: The vowel substrings of word are as follows (underlined):  
- "cuaieuouac"  
- "cuaieuouac"  
- "cuaieuouac"  
- "cuaieuouac"  
- "cuaieuouac"  
- "cuaieuouac"  
- "cuaieuouac"

**Constraints:**

* 1 <= word.length <= 100
* word consists of lowercase English letters only.